

DANCE

DAN-6

Dance Appreciation

3.00 units

UC, CSU

Prerequisite: None

Description: A nontechnical course for the general student leading to the appreciation and understanding of dance as a medium of communication, entertainment, and as an art form. 54 hours lecture. (Letter Grade, or Pass/No Pass option.)

DAN-6H

Honors Dance Appreciation

3.00 units

UC, CSU

*Prerequisite: None.**Limitation on enrollment: Enrollment in Honors Program*

Description: A non-technical course for the general student leading to the appreciation and understanding of dance as a medium of communication, entertainment, and as an art form. This Honors course offers an enriched experience for accelerated students by means of limited class size, seminar format, discussions and projects generated and led by students, a focus on primary texts in translation, and the applications of higher-level thinking and writing skills - analysis, synthesis, and evaluation. Student may not receive credit for both DAN-6 and DAN-6H. 54 hours lecture. (Letter grade only)

DAN-7

Choreography

2.00 units

UC, CSU

Prerequisite: None.

Description: An introduction to the creation of movement material through solo improvisations and guided choreographic studies. 18 hours lecture and 54 hours laboratory. (Letter grade only)

DAN-8

Composition

2.00 units

UC, CSU

Prerequisite: DAN-7

Description: The exploration of space, time, and energy as well as crafting techniques and devices to create and stage group work. 18 hours lecture and 54 hours laboratory. (Letter grade only)

DAN-9

Dance Making

2.00 units

UC, CSU

*Prerequisite: DAN-8.**Limitation on enrollment: Audition on or before first class meeting.*

Description: The continuing study of dance composition with emphasis on making a complete dance. 18 hours lecture and 54 hours laboratory. (Letter grade only)

DAN-12

Kinesiology for Pilates/Dance

3.00 units

UC, CSU

Prerequisite: DAN-D47.

Description: Designed to provide students with an understanding of the human body in motion as it learns and experiences the repertoire of the Pilates Method of body conditioning and dance. The course addresses the anatomical and biomechanical principles as they apply to these forms of movement. 54 hours lecture. (Letter grade only)

DAN-13

Pilates Methodology

2.00 units

UC, CSU

Prerequisite: DAN-12.

Description: Designed to educate and prepare students to teach the Pilates Method, beginning through advanced, to a variety of populations. Upon successful completion of the course students will be prepared to teach Pilates based matwork and equipment work. Students will be able to teach individual sessions as well as group sessions in Pilates studios as well as gym/fitness establishments. 36 hours lecture and 72 hours laboratory. (Letter grade only)

DAN-14
Internship in Pilates Education and Teaching **4.00 units**
CSU

Prerequisite: DAN-13.

Description: Supervised experience in the teaching of the Pilates method of conditioning. Students will observe various populations and skill levels of Pilates learners and will research and develop lesson plans for beginning, intermediate and advanced level Pilates classes. Students are required to do 18 hours lecture, 100 hours of observation, and 62 hours of teaching under the direction of a certified Pilates teacher. (Letter grade only)

DAN-200
Dance Work Experience **1.00 - 4.00 units**
CSU

Prerequisite: None.

Advisory: Students should have paid or voluntary employment.

Description: Work Experience is designed to coordinate the student's on-the-job training with workplace skills designed to assist the student in developing successful professional skills. Each student will establish measurable learning objectives appropriate for their job and discipline. Students may earn up to four (4) units each semester, for a maximum of 16 units of work experience total. 60 hours of volunteer work or 75 hours of paid work during the semester are required for each unit. No more than 20 hours per week, out of the 60 or 75 requirement, may be applied toward the work requirement. The course consists of an 18 hours of orientation/professional skills development and 60 hours of volunteer work experience per unit with a maximum of 240 for four units per semester OR 75 hours of paid work experience per unit, with a maximum of 300 for four units per semester. (Letter grade or Pass/No Pass option)

DAN-D5
Summer Showcase Dance Performance **2.00 units**
UC, CSU

Prerequisite: None.

Description: Provides an opportunity to prepare, perform and appraise choreography in an informal studio setting for public performance. Subsequent enrollment will provide students with opportunities for additional skill and competency development within the subject matter. May be taken a total of three times. 108 hours laboratory. (Letter grade only)

DAN-D8
American College Dance Association Rehearsal and Performance **1.00 unit**
UC, CSU

Prerequisite: None.

Advisory: DAN-7.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Prepares dance participants for attendance at American College Dance Association events. Participation in master classes and participation/attendance at adjudication and informal concerts. May be taken a total of four times. 54 hours laboratory. (Letter grade only)

DAN-D9
Performance Lab **0.50 units**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: This course is designed to provide students with an opportunity for intensive preparation, performance, and appraisal of choreography for public performance. 27 hours laboratory. (Letter grade only)

DAN-D10
Dance Performance **3.00 units**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Develop, rehearse, and perform concert repertoire as choreographed by a student choreographer, or visiting artist for the student dance concert. 162 hours laboratory. (Letter grade only)

DAN-D12
Dance Touring Ensemble **2.00 units**
UC, CSU

Prerequisite: DAN-D11

Description: The student will develop ensemble performance skills through creating, rehearsing and performing a repertory of various dance genres and choreographic styles for the RCC Dance Touring Ensemble school performance season. 108 hours laboratory.(TBA option)(Letter Grade, or Pass/No Pass option.)

DAN-D13
Dance Repertoire, Modern **1.00 unit**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Develop a concert repertoire in the genre of modern dance, as choreographed by a visiting artist or dance faculty. Rehearsal and practice of a concert piece choreographed by the faculty artist. 54 hours laboratory. (Letter grade only)

DAN-D14
Dance Repertoire, Jazz **1.00 unit**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Develop a concert repertoire in the genre of jazz, as choreographed by a visiting artist or dance faculty. Rehearsal and practice of a concert piece choreographed by the faculty artist. 54 hours laboratory. (Letter grade only)

DAN-D15
Dance Repertoire, Ballet **1.00 unit**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Develop a concert repertoire in the genre of ballet, as choreographed by a visiting artist or dance faculty. Rehearsal and practice of a concert piece choreographed by the faculty artist. 54 hours laboratory. (Letter grade only)

DAN-D16
Dance Repertoire, Tap **1.00 unit**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Develop a concert repertoire in the genre of tap, as choreographed by a visiting artist or dance faculty. Rehearsal and practice of a concert piece choreographed by the faculty artist. 54 hours laboratory. (Letter grade only)

DAN-D17
Dance Repertoire, Ethnic **1.00 unit**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Develop a concert repertoire in the genre of ethnic dance, as choreographed by a visiting artist or dance faculty. Rehearsal and practice of a concert piece choreographed by the faculty artist. 54 hours laboratory. (Letter grade only)

DAN-D20
Introduction to Social Dance **1.00 unit**
UC, CSU

Prerequisite: None

Description: This course is designed to introduce students to social dance technique. Styles to be studied will include Waltz, Cha cha, Fox trot, or Swing. 54 hours laboratory. (Letter Grade, or Pass/No Pass option.)

DAN-D21**Ballet, Beginning****1.00 unit**
UC, CSU*Prerequisite: None.*

Description: An opportunity to learn, practice, and apply beginning level ballet skills and vocabulary. Introduction to historical and cultural context of ballet. May be taken a total of four times. 54 hours laboratory. (Letter Grade, or Pass/No Pass option.)

DAN-D22**Ballet, Intermediate****1.00 unit**
UC, CSU*Prerequisite: None**Limitation on enrollment: Audition on or before the first class meeting*

Description: Learn, practice, and apply basic ballet skills learned in beginning ballet to more complex movement phrases and vocabulary characteristic of intermediate level technique. Continued study of the historical and cultural context of ballet as introduced in beginning ballet. May be taken a total of four times. 54 hours laboratory. (Letter Grade or Pass/No Pass option)

DAN-D23**Ballet, Advanced****1.00 unit**
UC, CSU*Prerequisite: DAN-D22*

Description: Learn, practice, and apply intermediate ballet skills learned in intermediate ballet towards the refinement of technical and artistic expression characteristic of advanced level technique. The study of historical and cultural context of ballet will be augmented. May be taken a total of four times. 54 hours laboratory. (Letter Grade or Pass/No Pass option)

DAN-D25**Floor Barre****1.00 unit**
UC, CSU*Prerequisite: None.*

Description: This course is designed for students of all levels. Students will concentrate on ballet-based floor exercises designed to build strength and true alignment of the body. By improving flexibility and agility, the students will learn how to prevent injuries and increase movement longevity. 54 hours laboratory. (Letter grade only)

DAN-D26**Mexican Ballet Folklorico****1.00 unit**
UC, CSU*Prerequisite: None***DAN-D29****Celebrate Dance Rehearsal****2.00 units**
UC, CSU*Prerequisite: None.**Limitation on Enrollment: Audition on or before the first class meeting.*

Description: An introduction to the dance rehearsal experience and performance practicals. This course will provide choreographers and dancers an opportunity to prepare and implement movement material for a public performance in a concert setting. 108 hours laboratory. (Letter grade only)

DAN-D30A**Tango****1.00 unit***Prerequisite: None*

Description: An in-depth focus on Tango and its various styles, regional influences, and specialty techniques. 54 hours laboratory. (Letter grade only)

DAN-D30B**Swing Dance****1.00 unit***Prerequisite: None*

Description: An in-depth focus on Swing Dance and its various styles, regional influences, and specialty techniques. 54 hours laboratory. (Letter grade only)

DAN-D30C**Latin Social Dance****1.00 unit***Prerequisite: None.*

Description: An in-depth focus on Latin Social Dances including Salsa, Bachata, and Cha Cha Cha. Learn and practice various styles, regional influences, and specialty techniques. 54 hours laboratory. (Letter grade only)

DAN-D31**Hip-Hop Dance, Beginning****1.00 unit**

UC, CSU

Prerequisite: None.

Description: Learn, practice and apply beginning hip-hop dance skills and vocabulary. Introduction to the historical and cultural context of hip-hop culture. 54 hours laboratory. (Letter grade only)

DAN-D31B**Hip-Hop Dance - Intermediate****1.00 unit**

UC, CSU

*Prerequisite: None.**Limitation on enrollment: Audition on or before the first class meeting.*

Description: Learn, practice and apply intermediate hip-hop dance skills, technique and vocabulary. Continued study of the historical and cultural context of hip-hop culture. 54 hours laboratory. (Letter grade only)

DAN-D32**Jazz, Beginning****1.00 unit**

UC, CSU

Prerequisite: None.

Description: Learn, practice, and apply fundamental jazz dance skills and vocabulary. Introduction to the historical and cultural context of jazz dance. 54 hours laboratory. (Letter Grade or Pass/No Pass option)

DAN-D33**Jazz, Intermediate****1.00 unit**

UC, CSU

*Prerequisite: None.**Limitation on enrollment: Audition on or before the first class meeting. Retention based on successful audition.*

Description: Learn, practice, and apply basic jazz dance skills learned in beginning jazz to more complex movement phrases and vocabulary characteristic of intermediate level technique. Continued study of historical and cultural context of jazz dance as introduced in beginning jazz. 54 hours laboratory. (Letter Grade, or Pass/No Pass option)

DAN-D34**Jazz, Advanced****1.00 unit**

UC, CSU

Prerequisite: DAN-D33.

Description: Learn, practice and apply advanced jazz dance skills and vocabulary with a focus on pre-professional performance skills and advanced musicality. Continued study of the historical and cultural context of jazz as it applies to the genre of Jazz dance. 54 hours laboratory. (Letter grade, or Pass/No Pass option.)

DAN-D35**Dance Repertoire, Hip-Hop****1.00 unit***Prerequisite: None.*

Description: Develop a concert repertoire in the genre of Hip-Hop, as choreographed by a visiting artist or dance faculty. Rehearsal and practice of a concert piece choreographed by the faculty artist. 54 hours laboratory. (Letter grade only)

DAN-D37**Modern Dance, Beginning****1.00 unit**

UC, CSU

Prerequisite: None.

Description: Learn, practice, and apply fundamental modern dance skills and vocabulary. Introduction to the historical and cultural context of modern dance. May be taken a total of four times. 54 hours laboratory. (Letter Grade, or Pass/No Pass option)

DAN-D38
Modern Dance, Intermediate **1.00 unit**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Learn, practice and apply basic modern dance skills learned in beginning modern dance to more complex movement phrases and vocabulary characteristic of intermediate level technique. Continued study of historical and cultural context of modern dance as introduced in beginning modern. May be taken a total of four times. 54 hours laboratory. (Letter Grade or Pass/No Pass option)

DAN-D39
Modern Dance, Advanced **1.00 unit**
UC, CSU

Prerequisite: DAN-D38.

Description: Learn, practice and apply intermediate modern dance skills learned in intermediate modern dance toward refinement of technical and artistic expression characteristic of advanced level technique. Continued use of improvisation as applied to performance. The study of historical and cultural context of modern dance will be augmented. May be taken a total of four times. 54 hours laboratory. (Letter grade only)

DAN-D43
Tap, Beginning **1.00 unit**
UC, CSU

Prerequisite: None.

Description: Learn, practice and apply fundamental tap dance skills and vocabulary. Introduction to the historical and cultural context of tap dance. 54 hours laboratory. (Letter grade only)

DAN-D44
Tap, Intermediate **1.00 unit**
UC, CSU

Prerequisite: None.

Limitation on enrollment: Audition on or before the first class meeting.

Description: Learn, practice and apply complex movement phrases and vocabulary of intermediate level Tap dance technique. Tap dance improvisation will be introduced. 54 hours laboratory. (Letter grade only)

DAN-D46
Pilates Mat Work **1.00 unit**
UC, CSU

Prerequisite: None.

Description: Structured on the total body floor mat exercises developed by Joseph H. Pilates. Exercises include stretching and strengthening, in a non-impact system of floor work that emphasizes improving alignment, body awareness and control. 54 hours laboratory. (Letter grade only)

DAN-D47
Pilates, Beginning **1.00 unit**
UC, CSU

Prerequisite: None.

Description: This beginning level course in Pilates is based on exercises and concepts developed by Joseph H. Pilates. The course will include mat work and apparatus work on the universal reformer and will emphasize alignment and balance of muscle groups through strengthening, stretching, breathing, and concentration. 54 hours laboratory. (Letter grade only)

DAN-D48
Universal Reformer Technique **1.00 unit**
UC, CSU

Prerequisite: DAN-D49.

Description: Intensive repertoire work on the universal reformer emphasizing alignment and correct balance of muscle groups through strengthening, stretching, breathing, and concentration at an intermediate and advanced level. 54 hours laboratory. (Letter grade only)

DAN-D49**Pilates, Intermediate****1.00 unit**

UC, CSU

Prerequisite: DAN-D47.

Description: The continued study of alignment and correctives based on the concepts and exercises of the Pilates method. Students will engage in intermediate mat work and apparatus work and will emphasize alignment and balance of muscle groups through a series of strengthening and stretching exercises. 54 hours laboratory. (Letter grade only)

DAN-D50**Pilates for Dancers****1.00 unit**

UC, CSU

Prerequisite: DAN-D47.

Description: Conditioning and specialized training for dancers using the Pilates Method for the development of dance technique. Includes mat work and apparatus work emphasizing the specialized needs of dancers. 54 hours laboratory. (Letter grade only)

DAN-D51**Pilates, Advanced****1.00 unit**

UC, CSU

Prerequisite: DAN-D49.

Description: This advanced level course in Pilates teaches alignment and correctives work based on the concepts and exercises developed by Joseph H. Pilates. The course will include advanced mat work and apparatus work and will emphasize alignment and balance of muscle groups through a series of advanced level exercises based on Pilates principles. 54 hours laboratory. (Letter grade only)

DAN-D60**Musical Theater Dance****1.00 unit**

UC, CSU

Prerequisite: None.

Description: Principles and techniques of various musical theater styles and genres. Genres/styles to be studied may include jazz, tap, modern, ballet and ethnic/world dance. 54 hours laboratory. (Letter grade only)