

EAR-47 — CHILDHOOD STRESS AND TRAUMA

About This Course

Transfer: UC, CSU

3.00 units

Prerequisite: None.

Description: A comprehensive overview of concepts, theories, and issues related to childhood stress and trauma. Emphasis is on the short-and long-term effects that stress and trauma has on the physical, cognitive, language, social, and emotional stages of a child's development. Students will be introduced to child behavior patterns and potential responses to stress and trauma. Students will examine research and innovative methods that support the child's coping skills and healing process. This course is designed to develop an understanding of how children react and adapt to stress and trauma and what parents and early childhood practitioners can do to assist children. 54 hours lecture. (Letter grade only)