# **GUIDANCE**

# **GUI-45**

## **Introduction to College**

#### *Prerequisite:* None

Description: Guidance 45 is designed to introduce academic and occupational programs, college resources and personal factors that contribute to success as a college student. This course includes an extensive exploration of Riverside Community College District resources and policies, orientation to college life, student rights and responsibilities, as well as certificates, graduation and transfer requirements. Students will prepare a Student Educational Plan (S.E.P.). Outcomes of higher education will be discussed through the exploration and application of sociological and psychological principles that lead to success in college and in accomplishing goals. As a result of class activities and exploration of factors influencing educational decisions, class members will be able to utilize the information obtained in class to contribute to their college success. 18 hours lecture. (Pass/No Pass only.)

#### **GUI-46 Intro Transfer Process**

#### Prerequisite: None.

Description: Provides an introduction to the transfer process. Includes an in-depth exploration of transfer requirements, admission procedures, requirements for majors, and financial aid opportunities. The information learned will enable students to make informed choices on majors, fouryear institutions and in academic planning. 18 hours lecture. (Letter Grade, or Pass/No Pass option)

#### **GUI-47 Career Exploration and Life Planning**

#### Prerequisite: None

Description: In depth career and life planning: Topics include extensive exploration of one's values, interests and abilities; life problem-solving and self-management skills; adult development theory and the changes that occur over the life span; self-assessment including identifying one's skills and matching personality with work. An intensive career investigation; decision making, goal setting and job search strategies, as well as resume writing and interviewing skills will also be addressed. This course is designed to assist those students considering the transition of a career change or undecided about the selection of a college major. 54 hours lecture. (Letter grade only)

#### **GUI-48**

**College Success Strategies** 

#### Prerequisite: None.

Description: This comprehensive course integrates personal growth and values, academic study strategies and critical thinking techniques. Students will obtain skills and personal/interpersonal awareness necessary to succeed in college. 54 hours lecture. (Letter grade only)

#### **GUI-845**

### **College Readiness**

#### Prerequisite: None

Description: An introduction to college terms, support services, personal factors that contribute to academic success which helps students make effective decisions regarding their English and Math placement and major/program of study. As a result of class activities, students will be able to utilize effective interpersonal communication skills to interact with peers and faculty on campus. Topics include understanding the differences between high school and college; students' rights and responsibilities; and how to access academic and student support services offered at Riverside Community College District. (Pass/No Pass only)

## **GUI-847A**

**Career Readiness** 

#### Prerequisite: None.

Description: Introduction to help students make effective decisions regarding their career and life choices. Students will gain self-awareness and development techniques for successful career development and life planning. Topics include personal development and characteristics for work, job search strategies and techniques, labor market trends and developing a career and life action plan. 24 hours lecture. (Letter grade or Pass/No Pass option)

#### 1.00 unit UC, CSU

1.00 unit UC, CSU

3.00 units UC, CSU

# UC, CSU

3.00 units

#### 0 units

#### 0 units

#### GUI-847B

#### **Educational Planning**

#### Prerequisite: None.

Description: Designed to help students make effective decisions regarding their educational options that lead to career/job placement. Students will gain self-awareness and develop techniques for successful career development, life planning, and student educational planning. Topics include understanding higher education structure in California, programs of study offered at Riverside Community College District, transfer requirements and major preparation, and developing a student educational plan that will lead to career/job placement. 24 hours lecture. (Letter grade or Pass/No Pass option)

#### GUI-848

#### **Student Success**

Prerequisite: None

Description: Provides strategies to succeed in college. Topics include personal growth theories, health and wellness for students, and specific strategies in study skills, test taking skills, time management and the use of educational technology. (Pass/No Pass only)

### 0 units

0 units