

KIN-10 — INTRODUCTION TO KINESIOLOGY

About This Course

Transfer: UC, CSU

C-ID: (C-ID:KIN 100)

3.00 units

Prerequisite: None.

Description: An introduction to the interdisciplinary approach to the study of human movement. An overview of the importance of the sub-disciplines in Kinesiology will be discussed along with career opportunities in the areas of teaching, coaching, allied health, and fitness professions. 54 hours lecture.(Letter grade only)