

KIN-20 — ATHLETIC TRAINING, SPRING SPORTS, GENERAL MEDICAL

About This Course

Transfer: UC, CSU

2.00 units

Prerequisite: None.

Corequisite: KIN-16.

Description: Athletic training observation and experience in spring athletic contests; specifically, observation of game situations in baseball, softball, track, swimming, tennis, and basketball. The student will observe and experience practice situations including pre and post practice in the Athletic Training Room. Study will cover various topics related to athletic training including heat illness, unconscious athlete, terminology, tissue response to injury, dietary supplements, pharmaceuticals, nutrition and rehabilitation. 18 hours lecture and 54 hours laboratory. (Letter grade only)