## KIN-23 — VOLLEYBALL COACHING THEORY

## **About This Course**

Transfer: UC, CSU

3.00 units

Prerequisite: None.

Description: Various aspects of coaching volleyball. Emphasis on the theory, structure, and organization of club, high school, collegiate, and international volleyball programs. Team and individual offensive and defensive strategies, technical skills, and program management will be covered. 54 hours lecture. (Letter grade only)