

## **KIN-42 — LIFEGUARDING/TITLE 22 FIRST AID/WATER SAFETY INSTRUCTOR**

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### **About This Course**

**Transfer:** UC, CSU

4.00 units

Prerequisite: None

Limitation on enrollment: Retention based on the ability to swim a variety of strokes a predetermined distance, surface dive to retrieve a weight from a 10 foot depth of the pool.

Description: Designed to drill the competent swimmer in life saving and water safety techniques, professional First Aid and CPR care, and to develop the necessary understanding and knowledge to teach American Red Cross courses in swimming. Students successfully completing the requirements will be awarded the American Red Cross CPR for the Professional Rescuer, Title 22 First Aid, Lifeguarding, and Water Safety Instructor Certificates. 54 hours lecture and 54 hours laboratory. A fee of \$82.45 for required certificates will be charged to the student and is not covered by BOGW.(Letter grade only)