

KIN-A03 — ADAPTIVE PHYSICAL FITNESS

About This Course

Transfer: UC, CSU

1.00 units

Prerequisite: None

Limitation on enrollment: Medical approval and verification of a physical disability

Description: Provides physical education for students with a physical disability to promote total growth including better self-awareness, physical development and fitness. This course facilitates the student's participation in his/her environment. 54 hours laboratory. (Letter Grade, or Pass/No Pass option.)