

KIN-A29 — SWIMMING, INTERMEDIATE

About This Course

Transfer: UC, CSU

1.00 units

Prerequisite: None, **Advisory:** KIN-A28

Description: This course is designed to provide the student with a review of the skills learned in beginning swimming classes, in addition to teaching new intermediate level skills and techniques. Endurance swimming is encouraged and the swimmer is allowed time to practice distance swims. KIN-A28, A29, and A30 are courses related in content and are limited in enrollment according to Title 5, section 55040. For further information see section VIII regarding course repetition. 54 hours laboratory.(Letter Grade, or Pass/No Pass option.)