

KIN-A54A — FASTPITCH SOFTBALL FUNDAMENTALS - BEG

About This Course

Transfer: UC, CSU

1.00 units

Prerequisite: None.

Description: Core softball skills and techniques as the basis for beginning - intermediate level competitive play. The student will be provided the opportunity to develop individual skills and the knowledge of fastpitch rules and strategy with the eventual goal being participation on a collegiate level team. 54 hours laboratory. (Letter grade only)