

KIN-A67 — VOLLEYBALL, BEGINNING

About This Course

Transfer: UC, CSU

1.00 units

Prerequisite: None

Description: Introduces the skills and lifetime fitness potentials of volleyball. Emphasis is placed on learning the techniques, rules and strategies of volleyball. KIN-A67, A68, and A69 are courses related in content and are limited in enrollment according to Title 5, section 55040. For further information see section VIII regarding course repetition. 54 hours laboratory. (Letter Grade or Pass/No Pass option.)