

KIN-V22 — FASTPITCH, VARSITY, WOMEN

About This Course

Transfer: UC, CSU

3.00 units

Prerequisite: None.

Limitation on enrollment: Retention based upon successful tryout.

Description: Opportunity for advanced fastpitch players to improve skills, knowledge and strategy of the game of fastpitch softball. This program will consist of highly organized lectures, individual and team practice sessions and video/DVD/film evaluation to prepare students for intercollegiate competition in fastpitch. Repeating the course provides additional skill and competency development. May be taken a total of four times. 175 hours laboratory. (Letter grade only)