

KIN-V24 — WATER POLO, VARSITY, WOMEN

About This Course

Transfer: UC, CSU

3.00 units

Prerequisite: None

Limitation on enrollment: Retention based on successful tryout

Description: Opportunity for water polo players to develop and improve fundamental skills, along with offensive and defensive skills of the game of water polo. This program will consist of a highly organized and intense setting of lectures, individual and team practice sessions and video/DVD/film evaluation to prepare students for intercollegiate competition in water polo. Repeating the course provides the student an opportunity for additional skill and competency development. May be taken a total of four times. 175 hours laboratory. (Letter Grade, or Pass/No Pass option.)