

## **KIN-V53 — FASTPITCH FUNDAMENTALS: DEFENSIVE**

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### **About This Course**

**Transfer:** UC, CSU

1.00 units

Prerequisite: None.

Limitation on enrollment: Retention based on successful tryout.

Description: Designed to give students the opportunity to review or learn the basic defensive skills of fastpitch. These fundamentals are both individual and team orientated with the purpose of improving to the point whereby the student is able to play varsity fastpitch. Intra-squad and inter-school games are played in order for the student to use the learned skills in competition. Subsequent enrollment in additional semesters will provide the student an opportunity for added skill competency development within each activity area. May be taken a total of four times. 54 hours laboratory. (Letter grade or Pass/No Pass option)